

**Count:** 48      **Wall:** 4      **Level:** Beginner  
**Choreographer:** Sue Hutchison (Nuline Dance) March 2014  
**Music:** Knee Deep in My Heart by Shane Filan

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**8 count intro – start on vocals**

**Section 1: RUMBA BOX – 2 WALKS BACK – R COASTER STEP**

1 & 2      step R to R side, step L beside R, step R fwd  
3 & 4      step L to L side, step R beside L, step L back  
5 , 6      walk back R, walk back L  
7 & 8      step back onto R, step L beside R, step fwd on R (12 'o' clock)

**Section 2: RUMBA BOX – 2 WALKS BACK – L SAILOR ¼ L**

1 & 2      step L to L side, step R beside L, step fwd L  
3 & 4      step R to R side, step L beside R, step R back  
5 , 6      walk back L, walk back R  
7 & 8      step L slightly behind R, making ¼ turn L step R to side, step L in place (9 'o' clock)

**Section 3: R DIAGONAL STEP LOCK – STEP LOCK STEP – L DIAGONAL STEP LOCK - STEP LOCK STEP**

1 , 2      facing R diagonal, step R fwd, lock L behind R  
3 & 4      staying on R diagonal , step R fwd, lock L behind R, step R fwd  
5 , 6      facing L diagonal, step L fwd, lock R behind L  
7 & 8      staying on L diagonal, step L fwd, lock R behind L, step L fwd (9 'o' clock)

**Section 4: STEP CROSS - STEP BACK – CHASSE R -STEP CROSS – STEP BACK- CHASSE ¼ L**

1 , 2      step R over L, step back onto L  
3 & 4      step R to R side, step L beside R, step R to R side  
5 , 6      step L over R, step back onto R  
7 & 8      step L to L side, step R beside L, making ¼ turn L step onto L (6 'o' clock)

**Section 5: WEAVE L – CROSS ROCK – CHASSE R**

1 , 2      step R over L, step L to L side  
3 , 4      step R behind L, step L to L side  
**RESTART HERE ON WALL 5 (YOU WILL BE FACING 6 'O' CLOCK)**  
5 , 6      step R over L, recover weight back onto L  
7 & 8      step R to R side, close L beside R, step R to R side (6 'o' clock)

**Section 6: WEAVE R – CROSS ROCK – CHASSE ¼ L**

1 , 2      step L over R, step R to R side  
3 , 4      step L behind R, step R to R side  
5 , 6      step L over R, recover weight back onto R  
7 & 8      step L to L side, step R beside L, making ¼ turn L step onto L (3 'o' clock)

**One Easy To Hear Restart: On Wall 5 After 36 Counts (L Weave)**